

Wellness Your Way Drinks Menu

KOMBUCHA AND MORE

Our homemade sodas provide a probiotic boost to improve gut health and overall wellbeing. 50% of all revenue goes to our Sustainability Fund. We hold weekly workshops so you can learn to make your own sodas at home. Served in 500ml bottle.

Earl Grey

With hints of bergamot this black tea kombucha lifts the spirits

USD 10 AI 0

English Breakfast

A strong black tea is the base for this boosting kombucha

Evergreen Lemon

Delicate green tea kombucha with hints of sauvignon blanc

Jasmine

Pearls of jasmine green tea create a flowery sense to this kombucha

Raspberry Basil

Hints of raspberry and homegrown basil complement this black tea kombucha

Mint

Homegrown mint livens up this green tea Kombucha

Lemongrass

Homegrown lemongrass infused into jasmine green tea

Ginger and Lemon Peel

An oleosaccharum is made from lemon peel before being fermented with Earl Grey tea

Ginger Beer

Made the traditional way with wild yeasts our ginger beer packs a probiotic punch

Living Lemonade

Lacto-fermented fresh lemon juice

Mango Soda

Mango stones are fermented to create this delicious healthful drink.

Tepache

Pineapple skins are fermented to create Bromelain packed soda

Screwpine Soda

The homegrown fruit of the Pandanus tree is fermented into this energy boosting soda.

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	USD	DAI
TONIC 150ml	8	4
Detox Tonic <i>Wellness ingredient - Activated Charcoal is powerful at removing toxins</i> Cucumber, lemon, activated charcoal, cayenne pepper, filtered water		
Rise and Shine Tonic <i>Wellness ingredient - Ginger, cardamom and cinnamon are effective digestive aids and turmeric is a anti inflammatory</i> Ginger, lemongrass, turmeric, ginger, cardamom, cinnamon, honey, apple cider vinegar		
Flower Tonic <i>Wellness ingredient - Dandelion is packed with inulin and is a digestive aid</i> Dandelion root tea, watermelon, basil, lime		
Smoothies 250ml	16	8
Amilla Dreams <i>Wellness ingredient - Coconut oil is rich in fiber and MCT oils, it assists with heart health and digestion</i> Coconut cream, coconut butter, fresh coconut, coconut milk and coconut nectar		
Macacao <i>Wellness ingredient - Maca Root boosts energy and endurance as well as reducing blood pressure</i> Maca root powder, coconut butter, cacao powder, almond milk, plant-based protein powder		
Matcha Bliss <i>Wellness ingredient - Matcha tea is high in antioxidants and boosts brain function</i> Avocado, matcha green tea, probiotic greens powder, coconut nectar, mint, almond milk		
Green Bee <i>Wellness ingredient - Bee Pollen is a powerful tool in boosting the immune system and reducing inflammation</i> Spinach, avocado, been pollen, banana, coconut milk, date		
Cacao Lion <i>Wellness ingredient - Lions Mane mushroom powder reduces inflammation and relieves anxiety</i> Cacao, cinnamon, coconut oil, coconut nectar, lion's mane mushroom powder, espresso, coconut milk		
Hemp Love <i>Wellness ingredient - Hemp seeds are rich in Omega-3 and Omega-6 and raspberry high in polyphenols</i> Hemp hearts, raspberry, almond milk, date		
Camu Here <i>Wellness ingredient - Camu Camu berries are very high in Vitamin-C to boost your immune system</i> Coconut milk, Camu camu powder, banana, pineapple		

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HOT DRINKS		
Bulletproof Coffee <i>Wellness ingredient - The combination of fats and caffeine boosts cognitive function</i> Grass fed butter, coconut MCT oil, espresso	8	4
Coconut Bulletproof <i>Wellness ingredient - A high fat coffee can reduce hunger cravings</i> Coconut butter, MCT oil, espresso	8	4
Calendula Tea <i>Wellness ingredient - Calendula is packed with antioxidants and improves skin health. It has antifungal and antimicrobial properties.</i>	6	2
Astragalus Tea <i>Wellness ingredient - Astragalus is immune boosting, antiaging and anti-inflammatory. It is believed to prolong life and used to treat a wide variety of ailments, such as fatigue, allergies and the common cold.</i>	8	2
Dandelion Tea <i>Wellness ingredient - Dandelion is an excellent source of potassium and polysaccharides in dandelion are known to reduce stress on the liver.</i>	6	4
Mint Tea <i>Wellness ingredient - Mint can relieve clogged sinuses, relieve tension and improve sleep. It can improve energy and freshen your breath</i>	6	4
Fresh Lemongrass Tea <i>Wellness Ingredient - Lemongrass is antioxidant, antimicrobial and anti-inflammatory. It promotes healthy digestion and acts as a diuretic</i>	6	4