

Pallavi



Having spent more than 7 years at the Osho Resort transforming herself and her skills, Pallavi has become an expert in different therapy work and meditative practices. Her passion for teaching and sharing her knowledge brings bliss and love into all of her clients' lives.

Craniosacral Therapy

A journey of letting go: through gentle, hands-on techniques, tensions or imbalances in the body are released, leaving you with a feeling of lightness and internal balance.

Recommended for chronic pain, muscle and joint issues, migraine headaches, jaw dysfunctions, anxiety disorders and emotional traumas.

60 mins USD 155++

Sufi Whirling Meditation

A spiritual dance, a search for peace and liberation, a personal and intimate experience through whirling. The spinning brings the dancer into a deep meditative state in synergy with the entire universe. More than just a dance, this session is a true liberation of body and mind, a form of free expression and a physical practice that strengthen heart and lungs.

45 mins USD 85++

Prices are in USD and are subject to 23.2% government taxes and service.
Please book with your Katheeb/a or contact Javvu Spa reception.