

MENU

COMPOSED SALAD BOWLS

Spinach and rocket with black olives	\$24
Quinoa, carrot, cherry tomato, green beans, spring onion and mizuna	\$24
Charred broccoli salad, red chili, sliced crispy garlic and almonds	\$24
Pearl barley, pomegranate, cabbage, baby romaine and nori	\$24

DRESSING

Elevate your salad with different dressings.
Choose from the following options:

Good Fats	Sour	Fermented
Avocado oil	Apple cider	Kimchi
Coconut oil	Lemon juice	Pickled cucumber
Ghee	Balsamic vinegar	Sauerkraut
Extra virgin oil	Lime and garlic	Pickled jalapeño
MCT oil		Pickled ginger

ADD ONS:

Cheese \$3	Fresh \$5	Protein \$9
Feta cheese	Avocado	Bacon
Cottage cheese	Mushroom	Salmon
Halloumi	Green asparagus	Striploin
Tofu	Hemp seeds	Corn-fed chicken

Vietnamese rice paper rolls	\$18
Hummus and laban, paprika, parsley and mix of crudités	\$16
Health bruschetta with gluten free bread, tomato salsa, pesto and feta cheese	\$16
Poke vegan bowl, pure raw salad with selection of fruits and vegetables, avocado and honey dressing	\$24
Grilled chicken in coconut oil, Asian cabbage and pumpkin seeds	\$28
Keto Ahi Poke tuna with citrus and coconut oil, edamame, avocado grapefruit and cilantro	\$32
Poke reef fish with pickled jalapeño, wakame salad, beetroot, avocado, MCT oil, yuzu and ginger	\$32
Poke salmon in sesame oil with pickled cucumber, pineapple, avocado oil, herbs and nori	\$32
Beef carpaccio, black olives and parmesan	\$34

JUICE BAR

COLD PRESSED

The Green Garden	\$18
Spinach, celery, cucumber, zucchini, kale, fresh spouts, lemon, mint, green apple and ginger	
The Whole Garden	\$18
Carrot, beet, spinach, celery, cucumber, kale, green apple, fresh sprouts, turmeric, black pepper and cayenne pepper	
Fresh Picked	\$18
Cucumber, celery, spinach, fennel, mint, green apple, fresh sprouts, lemon, ginger and mint	

DETOX TONICS

Rise & Spice	\$18
Gingerlemongrass tea, lemon, fresh turmeric, fresh ginger, cinnamon, cayenne, pepper, apple cider vinegar and raw honey	
Gold Rush	\$18
Fresh turmeric, lemon, raw honey, cayenne pepper and activated charcoal powder	
Candida Killer	\$18
Water, lemon, probiotics green powder with 42 sprouted greens, superfoods and oregano oil	

SUPERFOOD BLENDED JUICES

El Amazon	\$22
Acai, red apple, strawberry, camu-camu powder, coconut flower nectar and chia seed	
Arabica Oasis	\$22
Cold brew coffee, dates, coconut milk, MCT oil, pink himalayan salt, vanilla bean and almond butter	
Blue Lagoon	\$22
Blueberry, acai, coconut pulp, coconut water, chia seed, hemp seed and coconut flower nectar	

NOURISHING MEAL SMOOTHIES

Maca-Pichu	\$25
Coconut milk, coconut butter, coconut pulp, sacao butter, maca powder, almond milk and coconut flower nectar	
Matcha Bliss	\$25
Almond butter, avocado, matcha powder, probiotic greens powder, Coconut flower nectar, mint extract, almond milk and coconut milk	
VegaZen	\$25
Chocolate or vanilla vegan protein, medicinal mushroom blend, almond milk, coconut milk, avocado, banana, almond butter, chia seeds, flax seeds and coconut flower nectar	

SUPREMEBEING KETOSHAKES

Protein & Greens	\$27
Vanilla protein, almond milk, coconut milk, MCT Oil, avocado, baby spinach, probiotic greens powder with 50 Bioactive superfoods and psyllium fiber	
Sour Raspberry	\$27
Vanilla protein, raspberries, acai, L-Carnitine, coconut oil, MCT oil, lemon juice and camu-camu powder	
Macacao	\$27
Chocolate protein, almond butter, maca powder, cacao butter, cacao powder, coconut milk, coconut oil and almond milk	

AMILLA'S INVESTMENT SMOOTHIES

The Vault	\$32
Young coconut meat, royal jelly, coconut water, coconut milk, cacao butter, almond butter, spinach, probiotic green sprouted superfood blend with 50 Full-Spectrum superfoods + enzyme blend, whey protein, MCT oil, adaptogen elixir and medicinal mushroom blend: ashwagandha, astragalus, maca, siberian ginseng, suma root, reishi, chaga, cordyceps, lion's mane, psyllium fiber and cinnamon.	
Amilla Timeless	\$32
Coconut water, royal jelly, cinnamon, young coconut meat, blueberries, blackberries, coconut oil, whey protein, acai, miracle red antioxidant blend: 19 full-spectrum superfoods with high antioxidant potency + enzyme blend.	