

*Amilla*  
MALDIVES RESORT AND RESIDENCES  
BAA ATOLL



With many of you still wrapped up for winter, I wish you a healthy and happy month from the blue skies and sunshine of Amilla Maldives. This year at the resort has started off with a bang and we have a host of exciting new events, activities and innovations to follow at your favourite ever-evolving Baa Atoll resort.

We're also continuing to follow the science by relaxing our COVID-19 arrival protocols from March 7th in line with national and international easing of restrictions, combined with the high vaccination rate in the Maldives. We'll no longer offer a complimentary PCR test on arrival, unless guests are travelling from a country with a particularly bad outbreak/case numbers.

With so much action coming up, plus a host of special offers, we hope this newsletter will be tantalizing enough to tempt you to click on that magical 'Contact Us' button

## *Upcoming Events*

March is a happening month at Amilla, with a host of special events and Visiting Heroes. We kick off the month with World Tennis Day on March 7th. It will see an Exhibition Match between our resident tennis pros before a hotly-contested Tennis Tournament. March will also see special guest tennis pros, Natalia Vikhlyantseva and Daryl Monfils, host complimentary tennis clinics for lucky guests between March 10 and 14th.

The following day is International Women's Day, which will begin with a morning yoga and meditation session before a Ladies' Lunch at Emperor Beach Club. Maldivian fashion designer, Raidha Shafeeg, will reveal her latest collection and guests will be treated to talks by visiting practitioner, Vandana and visiting Style Guru, Kat Farmer. No event at Amilla would be complete without performances from our in-house entertainers, who will show off their aerial, dancing, and balancing skills. A buffet of treats from our Wellness Your Way menus will be served with Champagne donated by York Trading.

Preparations are well underway for our Spring Programme, 'The Secret Garden'. We'll welcome back entertainment duo, Des and Zoie O'Connor, as well as new performers. They include Lia, a renowned Maldivian sand artist. She will weave the story of The Secret Garden, as well as Maldivian folk tales, into her live shows, during dinner times. Lia will also offer you the chance to learn the delicate skill of sand art in workshops from April 04th-24th. [Click here](#) for more details on our Spring Programme.

On March 18th we're marking Global Recycling Day with the opening of our brand new waste management area, 'The UN'. Short for 'UNdo the Harm', this area will improve our ability to manage and recycle waste. Its' neighbour, The Nut, will also open. The Nut will enable us to process the bounty of the 2,500 coconut trees adorning our island, with coconut oil, milk, coir rope and much more. In the afternoon we'll celebrate Holi, the Indian Festival of Colours. We've sourced organic, plant-based and sustainable colours for this fun-filled event. A special area has been set aside for

the high jinks during our cocktail event. Our resident Bollywood dance specialist, Pallavi, has some tricks up her sleeve for this event, too.



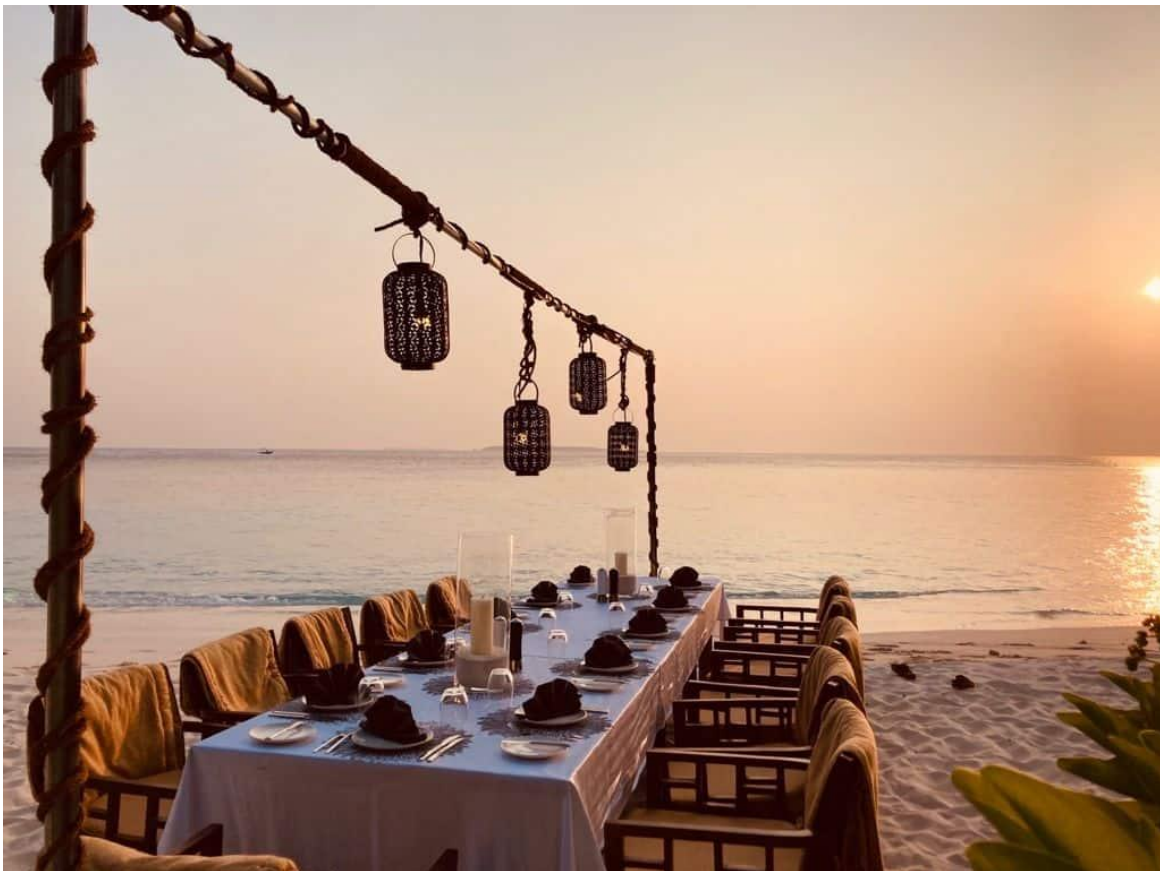
## *Dine Around Inclusive*

Amilla's groundbreaking Dine Around Inclusive plan has been turned up a notch this month. The package now offers a once-daily Home Delivery, an in-villa bar set-up upon arrival, discounts on Dine by Design experiences and Champagne. This is all on top of the already fabulous discounts on spa and house excursions plus special pricing on ALL beverages, even those not included in the package.



## *We Say to No Palm Oil*

We're proud to introduce our own Homemade@Amilla 'Amtella'. Commercial Nutella contains palm oil as well as refined sugar and milk powder. Palm oil plantations are a major cause of deforestation in many parts of Asia, and this destruction is causing dire circumstances for the Sumatran Tiger (two years until extinct), and the Orangutan, (five to six years until extinction). Therefore, we are boycotting palm oil. We created a homemade version of Nutella that is palm oil-free, as well as dairy-free, vegan and free from refined sugar.



## *Wellness Has Even More Ways*

Our new walking track around the island is fully accessible for those who wish to clock up some kilometres/miles to counter-balance our delicious cuisine. The 3 km/1.8 mile-long track weaves in

and out of the jungle and shoreline, including the new uninhabited beaches on our eastern and southern shores. A great way to finish your workout is to head to Javvu Spa to wander through our new walking meditation path.

Javvu Spa now has an onsite Cranial-Sacral Therapist, Laughing Yoga, Face Yoga and more. It also has a new wellness package, Beauty Inside and Out, which works on detoxing your body from the inside out, and helping to refine the outside with facials and body treatments.

Javvu Spa is also thrilled to announce the return of guests' favourite Yogi/Martial Arts specialist, Aniket Bhosale. Aniket will take residency from June to August. He will host the Maldives' first resort-based 200-hour Yoga Teacher Training Retreat. Held between June 1st and 21st, this 22-night/21-day retreat offers you a chance to gain dual certification for teaching yoga. Upon completion, you gain accreditation from The Yoga Alliance and the World Yoga Association. With accommodation options ranging from four sharing one of our unique Tree Top Pool Villas to solo occupancy of a Water Pool Villa, there are options for all.

## *Connecting Couples*

February was the month of Love at Amilla. Valentine's Day was marked by a host of events, from a chocolate kisses chocolate-making class to wine tasting, and of course, beautiful romantic dining options galore.

We also re-engineered our honeymoon and wedding anniversary inclusions to add more ways to experience Amilla. The new packages can now include, depending upon length of stay, a Love Letter paper making workshop, private Caressing Meditation classes, and a Plant the Tree of Love experience.

We also launched another new package aimed at helping busy couples plan their holiday. The Connecting Couples Package encompasses 'Him, Hers and Ours' experiences. While a holiday is the perfect time for couples to reconnect, we also believe in the importance of putting aside time to reconnect with yourself and your passions so you don't lose sight of yourself in a relationship. This package can be customised to cater to individual tastes.

## *Sleep Beautiful Sleep*

In today's modern world, deep and restful sleep comes at a premium. At Amilla, our island is peaceful and far from urbanisation but we want to help you have the best quality sleep without jetlag or over-stimulation from refined sugar and caffeine during your well-earned holiday. We have re-jigged our turn-down treats to ensure that every delicious morsel can be enjoyed by guests following their way to Wellness, but also so that they feature ingredients that help promote sleep. The turn-down service will also be further enhanced next month with the addition of seven different turn-down herbal teas, featuring herbs grown in our new Tea Garden, adjacent to Mystique Garden.

I hope you enjoyed hearing about this month's updates. We are all looking forward to welcoming you back to our naturally lush island again soon, but if circumstances continue to keep you at home, then take care until we meet you again.